

Cliff Park Ormiston Academy PSHE Programme 25-26

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	What is mental health?	Where can I go and what can I do after Year 11?
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	How can social media affect me?	How can I prepare 21 st Century skills for 21 st Century jobs?
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	What are eating disorders?	What is a CV and what should it contain?
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?	How can I cope with grief?	How can I prepare for an interview?
	5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?	How can I develop my resilience?	How can I manage stress?
	6	What do healthy friendships look like?	How am I influenced?	What is body image?	How can I optimise my physical health?	How can I deal with disappointment?
	7	What is bullying?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	What do I remember about essential first aid?	How might my health affect my exam performance?
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	How might drugs affects us?	How can I identify meningitis and strokes?	What is phishing?
	9	How can I take a stand when I see bullying happening?	What is grooming?	Why do people use drugs?	What else should I know about drugs and alcohol?	How do loans and mortgages work?
	10	Is everyone treated equally?	What does 'county lines' mean?	Why might people use steroids?	What are the wider effects of vaping?	Allow loss of lessons for Mocks
	11	What are stereotypes?	What is extremism?	What does the law say about drugs?	What is cancer?	
	12	How might people with disabilities be treated?	What are hate crimes?	What risks are linked to drug use?	How can I examine myself?	Do I really need insurance?
	13	How can we deal with racism?	Assessment: How can I share key information about crime with others?	What is addiction?	What parts of our bodies can be donated to others?	What are pensions?
	14	Assessment: What support can I offer to others?	Assessment: How can I share key information about crime with others?	Assessment: Should cannabis be legalised?	What services are available to manage my health?	How are taxes calculated?
Spring 1	15					
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Spring 2	21					
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Summer 1	27					
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Summer 2	32					
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